

# VITA

## Scott Wituk, PhD

Scott Wituk, Ph.D.  
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### **PROFESSIONAL POSITIONS**

#### **Research Coordinator & Project Facilitator • Self-Help Network of Kansas** Spring, 1996 - Present

- Coordinate the design and implementation of the Self-Help Network's community-based research and service projects
- Supervise undergraduate and graduate students in conducting research with community based, citizen driven initiatives, including support groups, coalitions, and small non-profit agencies
- Develop and implement community and organizational planning events for nonprofits, coalitions, and other community initiatives
- Write and implement local, state, and federal grants and contracts

#### **Research Associate • University of North Carolina at Chapel Hill** Winter, 1997 - Spring, 1998

- Contacted and interviewed directors of programs that served the homeless and mentally ill in Wichita, Kansas for the national system-level evaluation of the ACCESS (Access to Community Care and Effective Services and Supports) U.S. government initiative. ACCESS was designed to integrate systems of treatment, supportive services, and housing for homeless persons with severe mental illness, particularly those with a co-occurring substance abuse disorder

#### **Information Services Coordinator • Self-Help Network of Kansas** Summer, 1995 - Spring, 1996

- Maintained and expanded a computerized database of 3,000 self-help groups and organizations
- Assisted in formulating a partnership between the Self-Help Network and health care organizations, including Wesley Medical Center, Blue Cross Blue Shield of Kansas, and Preferred Health System
- Arranged and conducted professional workshops and presentations
- Recruited, trained, and coordinated 10 to 15 office volunteers each semester

#### **Research Assistant • Stanford University School of Medicine** Fall, 1994 - Spring, 1995

- Recruited research candidates for multicenter trial of group therapy for breast cancer patients. The purpose of the multicenter trial was to determine the effects psychological and social factors have on breast cancer patients' quality of life
- Assisted in implementing research project in Wichita, Kansas
- Distributed follow-up questionnaires to research participants

## **EDUCATION**

Wichita State University, Ph.D. Psychology - 2001

Wichita State University, M.A. Psychology - 1999

Wichita State University, B.A. Psychology - 1996

## **TEACHING EXPERIENCE**

Introduction to Community Psychology • Wichita State University

Fall, 1999; Spring, 2000

Introduction to Psychology • Wichita State University

Summer, 1998; Summer, 1999

Psychology of Self- Help Groups • Wichita State University

Summer, 1996; Summer, 1997; Spring Pre-Session, 1998; Summer, 1998; Summer, 2000

## **PROFESSIONAL AFFILIATIONS**

- AEA – American Evaluation Association (Fall, 2004 – Present)
- APA - American Psychological Association (Spring, 1998 - Present)
- SCRA - Society of Community Research and Action (Spring, 1995 - Present)
- SPSSI - Society for the Psychological Science of Social Issues (Spring, 1999 – Spring, 2001)
- APHA - American Public Health Association (Summer, 1999 – Spring, 2001)
- PGSO - Psychology Graduate Student Organization (Fall, 1997 – Spring, 2001)
- KPHSA - Kansas Public Health Student Association (Fall, 1997 – Spring, 2001)
- SWPA - Southwestern Psychological Association (Spring, 1996 - Spring, 1997)

## **ASSISTANCE IN DEVELOPING AND IMPLEMENTING GRANTS**

- Statewide Implementation, Standardization, and Validation of Mental Health Consumer Operated Programs in Kansas. Three year project funded by Department of Health and Human Services – National Institute of Mental Health (NIMH).
- Compassion Kansas Initiative. Three year project funded by Department Health and Human Services – Administration for Children & Families (ACF).
- Compassion Kansas Initiative. Three year project funded by United Methodist Health Ministry Fund.
- Developing a Leader-Full Community to Implement Visioneering Wichita. One year project funded by the Kansas Health Foundation.
- One Kansas Initiative. One year project funded by Kansas Health Foundation.
- Southwest Developmental Services Inc. (SDSI) Planning Process. One year project by SDSI.
- Sedgwick County Public Health Department Strategic Planning. Six-month project funded by Sedgwick County.
- Evaluation of Sedgwick County Division of Human Services Dental Reimbursement Programs & Services. One-year project funded by Sedgwick County.
- Outcome-based planning for Reno County Nonprofits. One-year project funded by the Hutchinson Community Foundation.
- Evaluation and Technical Assistance for United Way of Geary County – Junction City. Two-year project funded by the United Way of Geary County – Junction City.
- Nonprofit Chamber of Service. One year project funded by County Mill Funds.

- Evaluation of the Kansas Community Leadership Initiative (KCLI). Three-year project funded by the Kansas Health Foundation.
- Development of a Wichita-area nonprofit association. Twelve-month project funded by Sedgwick County.
- Providing strategic planning to Kansas health-related nonprofit organizations. Twelve-month project funded by the Kansas Health Foundation.
- Stakeholder involvement in home & community-based services. Twelve month project funded by MEDSTAT, Department Health and Human Services.
- An evaluation of Character Connects Coalition. Three-year project funded by the Kansas Health Foundation.
- An evaluation of the Abilene Learning Lab. Four-year project funded by the Kansas Health Foundation.
- Providing strategic planning training to Kansas health-related nonprofit organizations. Twelve-month pilot project funded by the Kansas Health Foundation.
- Production of the 6th edition of Connections. Grant provided by the Kansas Department of Social and Rehabilitation Services (SRS).
- Technical Assistance to Parsons Parish Nursing Project. Twelve-month project funded by the United Methodist Health Ministry Fund.
- Development of a computerized data of health related nonprofits. Twelve-month project funded by the Kansas Health Foundation.
- Partnering Sedgwick County funders and nonprofits. Six-month project funded by Sedgwick County.
- Building strong and active boards and workable budgets for Consumer Run Organizations (CROs). Twelve-month project funded by the Kansas Department of Mental Health and Mental Retardation.
- An evaluation of Parents Helping Parents self-help groups. Six-month contract funded by the Kansas Children's Service League.

### **PEER REVIEWED JOURNAL ARTICLES**

Brown, L. D., Collins, V. L., Shepherd, M. D., Wituk, S. A., & Meissen, G. J. (in press). Photovoice and consumer-run mutual support organizations. International Journal of Self-Help and Self-Care.

Wituk, S., Brown, L., Warren, M., Heiny, P., Clark, M. J., Power, C., & Meissen, G. J. (in press). Community development through community leadership programs. Journal of the Community Development Society.

Ealey, S., Wituk, S., Schulz, J., Usher, J., Meissen, G. J. & Pearson, R. (in press). The community development for healthy children initiative. Journal of Community Practice.

Brown, L.D., Shepherd, M.D., Wituk, S.A., & Meissen, G.J. (under review). Organizational goal achievement in mutual support organizations operated by people with psychiatric disabilities. Psychiatric Rehabilitation Journal.

Wituk, S., Ealey, S., Brown, L. D., Shepherd, M. D., Meissen, G. J. (under review). Assessing the needs and strengths of self-help groups: Opportunities for social workers to meet health care needs. International Journal of Self-Help and Self-Care.

Wituk, S. Bomhoff, K., Commer, A., Warren, M. & Meissen, G. (2003). Using a focus group methodology to gain input from people who use home and community based services. Home Health Care

Services Quarterly 22 (4), 27-41.

Wituk, S., Tiemeyer, S., Commer, A., Warren, M., & Meissen, G. (2003). Starting self-help groups: Empowering roles for social workers. Social Work with Groups, 26 (1) 83-92.

Wituk, S., Warren, M., Heiny, P., Clark, M. J., & Power, C. Meissen, G. (2003). Developing communities of leaders: Outcomes of a statewide initiative. Journal of Leadership and Organizational Studies, 9 (4), 76-86.

Wituk, S., Shepherd, M., Warren, M., & Meissen, G. (2002). Key ingredients contributing to the survival of self-help groups. American Journal of Community Psychology, 30 (3), 349-366.

Wituk, S., Commer, A., Lindstrom, J., & Meissen, G. (2001). The benefits of parenting self-help groups for rural Latino parents. Journal of Rural Community Psychology, E4 (1).

Wituk, S., Shepherd, M., Slavich, S., Warren, M., & Meissen, G. (2000). A topography of self-help groups: An empirical analysis. Social Work, 45 (2), 157-165.

Meissen, G., Wituk, S., Warren, M., & Shepherd, M. (2000). Self-help groups and managed health care: Obstacles and opportunities. International Journal of Self-Help and Self-Care, 1 (2), 201-210.

Meissen, G., Powell, T., Wituk, S., Girrens, K., & Arteaga, S. (1999). Attitudes of AA contact persons toward group participation by persons with a mental illness. Psychiatric Services, 50 (8), 1079-1081.

Medvene, L., Wituk, S., & Luke, D. (1999). Characteristics of self-help group leaders: The significance of professional and founder status. International Journal of Self-Help and Self-Care, 1 (1), 91-105.

Shepherd, M., Shoenberg, M., Slavich, S., Wituk, S., Warren, M., & Meissen, G. (1999). The continuum of professional involvement in self-help groups. Journal of Community Psychology, 27, 39-53.

## **PROFESSIONAL PRESENTATIONS**

Pearson, R., Meissen, G., Bomhoff, K., & Wituk, S. (2005, June). The vision driven strategic change model. In J. Emshoff (Chair), Community capacity building. Multi-paper session presented at the Tenth Biennial Society for Community Research and Action Conference. Champaign, IL. June 9-12, 2005.

Meissen, G., Wituk, S., & Ealey, S. (2005, June). Lessons learned from self-help groups. Presentation presented at the Tenth Biennial Society for Community Research and Action Conference. Champaign, IL. June 9-12, 2005.

Meissen, G., Wituk, S., & Calvert, C. (2005, June). Creating the future of community psychology: A visioning process. Innovative session presented at the Tenth Biennial Society for Community Research and Action Conference. Champaign, IL. June 9-12, 2005.

Brown, L. D., Collins, V., Shepherd, M. D., Wituk, S. A., & Meissen, G. J. (2005, June). Implementing Photovoice: Blurring the lines between art and science. Presentation presented at the Tenth Biennial Society for Community Research and Action Conference. Champaign, IL. June 9-12, 2005.

Beeson, J., Reinhart, C., Pearson, R., Brown, L., Meissen, G., & Wituk, S. (2005, June). The many faces of leadership. Poster presented at the Tenth Biennial Society for Community Research and Action Conference. Champaign, IL. June 9-12, 2005.

Brown, L. D., Shepherd, M. D., Wituk, S. A., & Meissen, G. J. (2005, February). Understanding peer-run mutual support organizations. Poster presented at the annual conference of the National Association of State Mental Health Program Directors Research Institute, Baltimore, MD.

Shepherd, M., Brown, L. D., Wituk, S. A., Ealey, S., Meissen, G. J. (2004, November). Organizational Level Evaluations with Community-based Organizations. Poster session presented at the annual meeting of the American Evaluation Association, Atlanta, . GA.

Wituk, S. A., Orellana-Damacela, L., Suarez-Balcazar, Y., Shepherd, M. D., Brown, L. D., Ealey, S., & Meissen, G. J. (2004, November). Participatory evaluation with community-based organizations and non-profits: Insights for evaluation theory and action. Roundtable at the annual meeting of the American Evaluation Association, Atlanta, GA.

Wituk, S. A., Bomhoff, K., Carroll, B., Shepherd, M. D., Brown, L. D., Ealey, S., Meissen, G. J. (2004, November). Creating and achieving non-profits' outcomes: A participatory model moving from the past to the future. In B.F. Foster (Chair), Collaborative evaluation building policy for communities, non-profits and international development. Multi-paper session presented at the annual meeting of the American Evaluation Association, Atlanta, GA.

Meissen, G., & Wituk, S. (August, 2003). An empirical understanding of the functioning and context of self-help groups. Presentation at the American Psychological Association Conference, Toronto.

Wituk, S., Commer, A., Shepherd, M., Ealey, S., Vandiver, L., Clark, M. J., Heiny, P., Power, C., Warren, M., & Meissen, G. (June, 2003). Leader-full communities: Outcomes of a statewide leadership initiative. Poster at the Society for Community Research and Action, Las Vegas, NM.

Wituk, S., Shepherd, M., Brown, L., Commer, A., Bomhoff, K., Brandenberger, H., Carroll, B., Collins, V., Warren, M. & Meissen, G. (June, 2003). Lessons learned through (servant) empowerment evaluation. Presentation at the Society for Community Research and Action, Las Vegas, NM.

Wituk, S., West, C., Ealey, S., Childs, C., Brandenberger, H., & Meissen, G. (June, 2003). The changing needs and assets of self-help groups. Poster at the Society for Community Research and Action, Las Vegas, NM.

Brown, L., Shepherd, M., Wituk, S., Commer, A., Collins, V., Johnson, R., Ealey, S., Brandenberger, H., Carroll, B., Bomhoff, K., & Meissen, G. (June, 2003). Building capacity in consumer-run organizations through action research. Poster at the Society for Community Research and Action, Las Vegas, NM.

Commer, A., Meissen, G., Wituk, S., Brown, L., Shepherd, M., & Warren, M., & Meissen, G. (June, 2003). Using social marketing research to make mid-course intervention changes. Poster at the Society for Community Research and Action, Las Vegas, NM.

Warren, M., Wituk, S., Stewart, K., Ealey, S., Stiffler, B., Vandiver, L., Bremby, R., Bryant, R., Holt, C., Meissen, G., & Usher, J. (June, 2003). Creating community movements to put kids first. Presentation at

the Society for Community Research and Action, Las Vegas, NM.

Warren, M., Wituk, S., Stewart, K., Ealey, S., Stiffler, B., Vandiver, L., Bremby, R., Bryant, R., Holt, C., Meissen, G., & Usher, J. (June, 2003). Intermediate outcomes of a statewide initiative. Poster at the Society for Community Research and Action, Las Vegas, NM.

Schlehofer-Sutton, M., Guessous, O., Ahrens, C., Allen, N., Cooke, D., Darlaston-Jones, D., Dinh, K., Torres-Harding, S., & Wituk, S. (June, 2003). The student-to-professional transition: Positives, Challenges, and trends. Presentation at the Society for Community Research and Action, Las Vegas, NM.

Wituk, S., Commer, A., Bomhoff, K., & Meissen, G. (June, 2002). Eliminating disparities for home and community based waiver users. Society for the Psychological Study of Social Issues, Toronto.

Commer, A., Meissen, G., Wituk, S., Patton, J. B., Newton, D., Duffy, R. E., Tidwell, K., Haines, M., Johannessen, K., Gilder, P., Usher, J., Bothner, V. (June, 2002). Exploring the misperception of heavy drinking on college campuses. Society for the Psychological Study of Social Issues, Toronto.

Wituk, S., Warren, M., & Meissen, G. J. (November, 2001). The use of formative evaluation to promote the success of community development projects. American Evaluation Association, St. Louis.

Medvene, L., Borkman, T., Powell, T., Salem, D., Wituk, S., Tiemeyer, S., Meissen, G., Kelley, S., Youle, C., Reischl, T., & Weaver-Randall, K. (June, 2001). Reciprocity processes in self-help groups. Roundtable presentation at the Society for Community Research and Action, Atlanta, GA.

Wituk, S., Warren, M., Commer, A., Brandenberger, H., Clark, M. J., Heiny, P., & Meissen, G. (June, 2001). The Kansas Community Leadership Initiative: Social change by community leaders. Poster session at the Society for Community Research and Action, Atlanta, GA.

Brandenberger, H., Tiemeyer, S., Bomhoff, K., Johnson, S., Wituk, S., Commer, A., Warren, M., & Meissen, G. (June, 2001). Supporting CRO's: Utilizing a partnership approach to research. Poster session at the Society for Community Research and Action, Atlanta, GA.

Wituk, S., Douglas, D., Kardaras, E., Commer, A., & Meissen, G. (August, 2000). Preparing a community for change: What's right about youth. Poster session presented at the American Psychological Association Conference, Washington, DC.

Commer, A., Wituk, S., Douglas, D., Kardaras, E., & Meissen, G. (August, 2000). Exploring Hispanic participation in self-help groups. Poster session presented at the American Psychological Association Conference, Washington, DC.

Douglas, D., Wituk, S., Kardaras, E., Commer, A., Clark, M. J., Heiny, P., & Meissen, G. (August, 2000). Assessing the potential for 21st century leadership. Poster session presented at the American Psychological Association Conference, Washington, DC.

Becker-Klein, R., Proescholdbell, R., J., Hoover, H., Wituk, S., Curnow, C., Navarro, M., Black, A., Martin, A., Preston, C., & Mohammad, S. (August, 2000). Graduate student stipend and research funding: Issues and directions. Roundtable discussion presented at the American Psychological Association Conference, Washington, DC.

Wituk, S., Meissen, G., Ziegler, Warren, M., Shepherd, M. (1999, June). Creating an empowering environment for self-help groups. Paper presented at the Biennial Conference of the Society for Community Research and Action, New Haven, CT.

Meissen, G., Warren, M., Shepherd, M., & Wituk, S. (1999, June). Self-help groups and managed care. Paper presented at the Biennial Conference of the Society for Community Research and Action, New Haven, CT.

Cooper, J., Hunter-Williams, J., Wituk, S., Turro, G., Starnes, D., & Lennhoff, C. (1999, June). Roles for community psychologists outside of academia. Innovative session presented at the Biennial Conference of the Society for Community Research and Action, New Haven, CT.

Meissen, G., Shepherd, M., Warren, M., & Wituk, S. (1998, November). Self-help groups and managed care: Building a research and action agenda. Paper presented at the American Public Health Association Conference, Washington, DC.

Wituk, S., Lindstrom, J., Meissen, G., Warren, M. (1998, October). Where do we go from here? Self-help groups and managed care. Paper presented at the Midwestern Eco-Community Conference, Oregon, IL.

Wituk, S., Shepherd, M., Schoenberg, M., Lindstrom, J., & Meissen, G. (1998, August). Key ingredients contributing to the survival of self-help groups. Poster session presented at the American Psychological Association Conference, San Francisco.

Meissen, G., Arteaga, S., Girrens, K., Rishel, D., & Wituk, S. (1998, August). Gaining access to Alcoholics Anonymous groups by mental health consumers. Poster session presented at the American Psychological Association Conference, San Francisco.

Medvene, L., Wituk, S., & Luke, D. (1997, May). Characteristics of self-help group leaders: The importance of professional and founder status. Poster session presented at the Biennial Conference of the Society for Community Research and Action, Columbia, SC.

Wituk, S., Klamik, L., Colgate, J., Grubb, K., & Meissen, G. (1997, May). A topography of self-help groups: An empirical analysis. Poster session presented at the Biennial Conference of the Society for Community Research and Action, Columbia, SC.

Slavich, S., Shepherd, M., Wituk, S., & Meissen, G. (1996, April). A comparison of peer-led and professional led self-help groups. Poster session presented at the Southwestern Psychological Association Conference, Houston.

Wituk, S. (1996, March). Exploring the routes to leadership in self-help groups. Paper presented at the Great Plains Conference, Wichita, KS.

Warren, M., Meissen, G., & Wituk, S. (1995, October). Conducting research through a self-help clearinghouse. Poster session presented at the 1995 Annual Meetings of the National Network of Mutual Help Centers, Toronto, Canada.

Warren, M., Meissen, G., & Wituk, S. (1995, August). Action research through a self-help clearinghouse. Poster session presented at the American Psychological Association Conference, New York.

Teal, C., Wituk, S., Cramp, S., Schrum, J., & Medvene, L. (1995, June). Exploring the communal orientation of self-help group leaders. Poster session presented at the Biennial Conference of the Society for Community Research and Action, Chicago.

Cramp, S., Wituk, S., Schrum, J., Teal, C., & Medvene, L. (1995, April). Exploring the concurrent validity of the communal orientation scale with leaders of self-help groups. Poster session presented at the Great Plains Conference, Emporia, KS.

Schrum, J., Teal, C., Wituk, S., Cramp, S., & Medvene, L. (1995, April). Exploring the exchange orientation of self-help group leaders. Poster session presented at the Great Plains Conference, Emporia, KS.

## **HONORS, AWARDS, & ACTIVITIES**

- Kansas Public Health Association (KPHA) Poster Committee (Fall, 2000)
- Second Place in American Psychological Association 2000 SCRA Student Poster Competition (Summer, 2000)
- American Psychological Association Student Travel Award (Summer, 2000)
- George A. Lewis Memorial Scholarship for Outstanding Psychology Graduate Student (Spring, 2000)
- Jackson & Jane Powell Scholarship for Outstanding Psychology Graduate Student (Fall, 1999)
- Student Scholarship Award for Outstanding Contribution - Society of Community Research & Action (SCRA) Biennial Conference (Summer, 1999)
- Camien Graduate Fellowship Award for Outstanding Graduate Student - WSU (Spring, 1999)
- Vice President of Psychology Graduate Student Organization (Summer, 1999 – Summer, 2000)
- Venture Kids Advisory Board Member (Summer, 1999 – Spring, 2001)